

About Amanda Scott

Warmly welcoming, Amanda is a caring and soulful woman with a genuine concern for the life wellness of each individual client. She is a professional, multi-skilled and talented therapist with many years of experience in massage, Reiki, reflexology and beauty therapy.

She has a passion for pampering others, helping them to work through issues which may be blocking progress. Offering the combination of a nurturing, open heart and physical strength, Amanda's specialised massage treatments incorporate both Reiki and reflexology techniques, combined with intuitive guidance to soothe, relax and rejuvenate.

Amanda knows only too well the stress and anxiety that can weigh us all down at times. Her own journey into healing began many years ago. After the breakdown of her marriage, she lost everything financially and found herself as a single Mum to three children. Throughout this process, she learned to become a survivor. She had to start over, and get back to basics.

At one point, overwhelmed with stress, Amanda attended a yoga retreat, where she experienced her first Hawaiian massage ... and she was hooked. She saw a way to combine this wonderful massage with her beauty background and use it to help others.

Amanda then went on to establish Peace Within. Her aim is to offer you an incredible and unique experience, to lighten your load and create ease within your body.

She is passionate about making each individual client feel special and finds heartfelt pleasure in seeing the difference her treatments make in people's lives.

Having learned the incredible power of positive thinking, Amanda she now warmly encourages everyone to live an exceptional life.