

About Cheryl

Cheryl Hart is a Gold Coast-based intuitive artist, best known for her ethereal works featuring Angels, Animals and Angelic-inspired themes. She also designs inspirational gift products and beautiful cards based on her artworks.

Cheryl's works represent what we cannot see, but rather what is felt, they represent what is beyond us, and are about the undefined and the limitless.

When she paints, Cheryl feels a strong connection with an Angelic presence. As she has allowed herself to trust this presence to guide her art process, she has seen her artwork become more beautiful and majestic. With the connection deepening, her artwork continues to evolve.

Her beautiful images have been known to help promote subliminal feelings of wellbeing and happiness. Admirers of her work have reported feeling inspired, as well as experiencing an uplifting and emotional connection to Cheryl's paintings.

A question often asked of Cheryl is, "**Why do you paint angels?**" She says her intuitive works are inspired by the Angelic presence she has felt around her for a long time – through illness, times of doubt and especially while she paints. She has learned to connect with the visions she sees in her mind by feeling her way into the process of bringing that vision into the physical. This process is, in itself, transformative.

Cheryl says, *"I'm blessed with the awareness that even when life is challenging, we are never truly alone. There is an amazing presence that guides and supports us ... and for me, this presence feels Angelic. I believe and feel that my life has been touched by Angels, and it is my desire and intention to touch the lives of others through my artwork and the Angels that grace my canvas."*

By sharing her artwork, Cheryl hopes to fulfil her desire to help others experience this presence in their lives, uplifting and inspiring them as they connect with the energy which emanates from the artworks they are drawn to bring into their homes and work spaces.

Background

Growing up as one of six children in country Victoria, Cheryl watched intently as her mother engaged in creative outlets such as sewing and knitting, and she encouraged the children to participate. This provided a hands-on creative experience from an early age.

During her high school years, Cheryl felt that creative flow being suppressed. She gravitated to her better subjects, which were maths-based, and at this time, adopted the belief that she wasn't artistic. She felt that business was her path, so she pursued a successful career in Accounting and Business Management.

By her mid-20's, Cheryl knew it was time to start painting again. She participated in a small art group where you just painted whatever you felt the urge to paint. In hindsight, she says this was a great way to start. Over the following years, she learned various methods from six different teachers, which helped her technique to evolve and assisted in finding her niche.

Eventually she became confident enough to start selling her work. It was at this time, while painting an image of Buddha, Cheryl found herself being guided in her work, as though someone was directing the brush. While this was initially strange, however, she's since learned to tap into this guidance and use her intuition when creating a work of art.

"My art is like a visual diary, it is a way for me to disconnect from the outside world and travel within, it gives me a chance to pause and remember who I have the potential to be, creating something from a once blank canvas lifts my heart and makes my spirit soar," she said.

She feels completely at ease expressing her feelings and emotions through her art. Cheryl highly recommends the therapeutic benefits of art, especially to help in dissipating the fear which lingers in the unknown.

Cheryl believes that ART is the bridge to experience what is possible. Art brings meaning and balance to her life, showing that she can continually reach beyond limitations and boundaries.

Cheryl's Exhibitions

Art: An Affair to Remember – Collaborative Exhibition, Tweed Heads, November 2015

Do you want to include your other exhibitions here?